

Child Care Planning Council's 2019-20 ECE Leadership ZOOM Training Event Series #4

Presence of Mind – Using the Gift of Our Collective Wisdom

**There is no better time to connect than
during this time of uncertainty and opportunity.**

Together we will consider leadership events of the past year, what we have learned
and how we can use it to move forward into what lies ahead.

We will discuss the concrete steps to take for the children, families
and staff we serve as well as our own well-being

Presenters: Terri Allison & Leslie Voss

Friday, May 29 from 9:00 a.m. to 12:30 p.m.

Virtual ZOOM Training - [Join Here](#)

Please join the ECE Leadership Project for the final leadership event of the fiscal year. Whether you were able to join any of the previous leadership trainings of 2019-20, we hope you to see you here. Events are geared toward **Santa Barbara County** employees to increase quality services by strengthening the leadership skills of child development program directors, site supervisors and emerging leaders.

- Health & Wellness Education
- Family Strengthening
- Professional & Career Development
- Meditation & Stress Reduction
- Organizational Development
- Reflective Practice & Self-care

Participants will learn how the practice of mindfulness can improve both their personal and professional lives. Practical strategies and tools will bring the concepts to life for immediate use in the work and home setting, helping one to accomplish more in a calm and efficient manner. This leads to high performance coupled with reduced stress and improved health.

[\(To Register through the Workforce Registry Click Here\)](#)



This professional development opportunity is brought to you by Santa Barbara County Quality Counts, a Partnership of the Santa Barbara County Education Office, Children's Resource & Referral of Santa Barbara County, and First 5 Santa Barbara County.

**Please remember that beginning July 1, 2020 all certificates will be issued through Workforce Registry found here www.caregistry.org*